

EXPERIENCING, ENJOYING, AND EXPRESSING CHRIST (3)

Training Outlines

Message Five

The Cause of Our Blamelessness in Holiness and the Cause of Our Complete Sanctification in Our Spirit, Soul, and Body

MC Hymns: 743, 744

Scripture Reading: 1 Thes. 3:13; 5:23-24

- 1 Thes 3:13 So that He may establish your hearts blameless in holiness before our God and Father at the coming of our Lord Jesus with all His saints.
- 1 Thes 5:23 And the God of peace Himself sanctify you wholly, and may your spirit and soul and body be preserved complete, without blame, at the coming of our Lord Jesus Christ.
- 1 Thes 5:24 Faithful is He who calls you, who also will do it.

I. In order to live a holy life for the church life, we need the Lord to establish our heart blameless in holiness (with no fault found in our holiness)—1 Thes. 3:13:

1 Thes 3:13 So that He may establish your hearts blameless in holiness before our God and Father at the coming of our Lord Jesus with all His saints.

A. The heart is the conglomerate of man's inward parts, man's chief representative, his acting agent:

1. Our heart is a composition of all the parts of our soul—the mind, the emotion, and the will (Matt. 9:4; Heb. 4:12; John 14:1; 16:22; Acts 11:23)—plus one part of our spirit—the conscience (Heb. 10:22; 1 John 3:20).

Matt 9:4 And Jesus, knowing their thoughts, said, Why are you thinking evil things in your hearts?

Heb 4:12 For the word of God is living and operative and sharper than any two-edged sword, and piercing even to the dividing of soul and spirit and of joints and marrow, and able to discern the thoughts and intentions of the heart.

John 14:1 Do not let your heart be troubled; believe into God, believe also into Me.

John 16:22 Therefore you also now have sorrow; but I will see you again and your heart will rejoice, and no one takes your joy away from you.

Acts 11:23 Who, when he arrived and saw the grace of God, rejoiced and encouraged them all to remain with the Lord with purpose of heart;

Heb 10:22 Let us come forward to the Holy of Holies with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and having our bodies washed with pure water.

1 John 3:20 Because if our heart blames us, it is because God is greater than our heart and knows all things.

2. Our heart and its condition before God are organically, intrinsically, and inseparably related to the condition of our spirit, soul, and body before God:

a. The exercise of the spirit works only when our heart is active; if man's heart is indifferent, the spirit is imprisoned within and is unable to show forth its capability—Matt. 5:3, 8; Psa. 78:8; Eph. 3:16-17.

Matt 5:3 Blessed are the poor in spirit, for theirs is the kingdom of the heavens.

Matt 5:8 Blessed are the pure in heart, for they shall see God.

Psa 78:8 That they might not be like their fathers, / A stubborn and rebellious generation, / A generation that did not set their heart right, / And whose spirit was not faithful to God.

Eph 3:16 That He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit into the inner man,

- Eph 3:17 That Christ may make His home in your hearts through faith, that you, being rooted and grounded in love,
- b. The soul is the person himself, but the heart is the person in action; the heart is the acting agent, the acting commissioner, of our entire being.
 - c. The activities and movements of our physical body depend on our physical heart; in like manner, our daily living, the way we act and behave, depends on what kind of psychological heart we have.
- B. The heart is the entrance and exit of life, the “switch” of life; if the heart is not right, life in the spirit is hindered, and the law of life cannot work freely and without obstruction to reach every part of our being; though life has great power, this great power is controlled by our small heart—Prov. 4:23; Matt. 12:33-37; cf. Ezek. 36:26-27.
- Prov 4:23 Keep your heart with all vigilance, / For from it are the issues of life.
- Matt 12:33 Either make the tree good and its fruit good, or make the tree corrupt and its fruit corrupt; for by the fruit the tree is known.
- Matt 12:34 Offspring of vipers, how can you, being evil, speak good things? For out of the abundance of the heart the mouth speaks.
- Matt 12:35 The good man, out of his good treasure, brings forth good things, and the evil man, out of his evil treasure, brings forth evil things.
- Matt 12:36 And I say to you that every idle word which men shall speak, they will render an account concerning it in the day of judgment.
- Matt 12:37 For by your words you shall be justified, and by your words you shall be condemned.
- Ezek 36:26 I will also give you a new heart, and a new spirit I will put within you; and I will take away the heart of stone out of your flesh, and I will give you a heart of flesh.
- Ezek 36:27 And I will put My Spirit within you and cause you to walk in My statutes, and My ordinances you shall keep and do.
- C. God is the unchanging One, but according to our natural birth our heart is changeable, both in our relationship with others and with the Lord—cf. 2 Tim. 4:10; Matt. 13:3-9, 18-23.
- 2 Tim 4:10 For Demas has abandoned me, having loved the present age, and has gone to Thessalonica; Crescens to Galatia; Titus to Dalmatia.
- Matt 13:3 And He spoke many things to them in parables, saying, Behold, the sower went out to sow.
- Matt 13:4 And as he sowed, some seeds fell beside the way, and the birds came and devoured them.
- Matt 13:5 And others fell on the rocky places, where they did not have much earth, and immediately they sprang up because they had no depth of earth.
- Matt 13:6 But when the sun rose, they were scorched; and because they had no root, they withered.
- Matt 13:7 And others fell on the thorns, and the thorns came up and choked them.
- Matt 13:8 But others fell on the good earth and yielded fruit, one a hundredfold, and one sixtyfold, and one thirtyfold.
- Matt 13:9 He who has ears to hear, let him hear.
- Matt 13:18 You therefore hear the parable of the one who sowed.
- Matt 13:19 When anyone hears the word of the kingdom and does not understand, the evil one comes and snatches away that which has been sown in his heart. This is the one sown beside the way.
- Matt 13:20 And the one sown on the rocky places, this is he who hears the word and immediately receives it with joy;
- Matt 13:21 Yet he does not have root in himself but lasts only for a time, and when affliction or persecution occurs because of the word, immediately he is stumbled.
- Matt 13:22 And the one sown in the thorns, this is he who hears the word, and the anxiety of the age and the deceitfulness of riches utterly choke the word, and it becomes unfruitful.
- Matt 13:23 But the one sown on the good earth, this is he who hears the word and understands, who by all means bears fruit and produces, one a hundredfold, and one sixtyfold, and one thirtyfold.
- D. There is no one who, according to his natural, human life, is steadfast in his heart; because our heart changes so easily, it is not at all trustworthy—Jer. 17:9-10; 13:23.

- Jer 17:9 The heart is deceitful above all things, / And it is incurable; / Who can know it?
 Jer 17:10 I, Jehovah, search the heart / And test the inward parts, / Even to give to each one according to his ways, / According to the fruit of his deeds.
 Jer 13:23 Can the Cushite change his skin, / Or the leopard his spots? / Then you also may be able to do good, / Who are accustomed to do evil.
- E. Our heart is blamable because it is changeable; an unchanging heart is a blameless heart—Psa. 57:7; 108:1; 112:7.
 Psa 57:7 My heart is steadfast, O God; / My heart is steadfast. / I will sing, indeed I will sing psalms.
 Psa 108:1 My heart is fixed, O God; / I will sing, indeed I will sing psalms, / Even with my glory.
 Psa 112:7 He will not be afraid of evil tidings; / His heart is steadfast, trusting in Jehovah.
- F. In God's salvation the renewing of the heart is once for all; however, in our experience our heart is renewed continually because it is changeable—Ezek. 36:26; 2 Cor. 4:16.
 Ezek 36:26 I will also give you a new heart, and a new spirit I will put within you; and I will take away the heart of stone out of your flesh, and I will give you a heart of flesh.
 2 Cor 4:16 Therefore we do not lose heart; but though our outer man is decaying, yet our inner man is being renewed day by day.
- G. Because our heart is changeable, it needs to be renewed continually by the sanctifying Spirit so that our heart can be established, built up, in the state of being holy, the state of being separated unto God, occupied by God, possessed by God, and saturated with God—Titus 3:5; Rom. 6:19, 22.
 Titus 3:5 Not out of works in righteousness which we did but according to His mercy He saved us, through the washing of regeneration and the renewing of the Holy Spirit,
 Rom 6:19 I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves to uncleanness and lawlessness unto lawlessness, so now present your members as slaves to righteousness unto sanctification.
 Rom 6:22 But now, having been freed from sin and enslaved to God, you have your fruit unto sanctification, and the end, eternal life.
- H. In order to be “those who are being sanctified” in living a holy life for the church life, we must cooperate with the inner operating of the One “who sanctifies” by dealing with our heart—Heb. 2:11; Psa. 139:23-24:
 Heb 2:11 For both He who sanctifies and those who are being sanctified are all of One, for which cause He is not ashamed to call them brothers,
 Psa 139:23 Search me, O God, and know my heart; / Try me, and know my anxious thoughts;
 Psa 139:24 And see if there is some harmful way in me, / And lead me on the eternal way.
1. God wants our heart to be soft—Ezek. 36:26; Matt. 13:4, 19; 2 Cor. 5:14; cf. Exo. 32:9; Jer. 48:11.
 Ezek 36:26 I will also give you a new heart, and a new spirit I will put within you; and I will take away the heart of stone out of your flesh, and I will give you a heart of flesh.
 Matt 13:4 And as he sowed, some seeds fell beside the way, and the birds came and devoured them.
 Matt 13:19 When anyone hears the word of the kingdom and does not understand, the evil one comes and snatches away that which has been sown in his heart. This is the one sown beside the way.
 2 Cor 5:14 For the love of Christ constrains us because we have judged this, that One died for all, therefore all died;
 Exo 32:9 And Jehovah said to Moses, I have seen this people, and indeed they are, a stiff-necked people.
 Jer 48:11 Moab has been at ease from his youth; / And he is settled on his lees / And has not been emptied from vessel to vessel; / Nor has he gone into exile. / Therefore his taste remains in him, / And his scent is not changed.
 2. God wants our heart to be pure—Matt. 5:8; Psa. 73:1, 25; Jer. 32:39; Psa. 86:11b; 2 Tim. 2:22; 1 Tim. 1:5.
 Matt 5:8 Blessed are the pure in heart, for they shall see God.

- Psa 73:1 Surely God is good to Israel, / To those who are pure in heart.
Psa 73:25 Whom do I have in heaven but You? / And besides You there is nothing I desire on earth.
- Jer 32:39 And I will give them one heart and one way, to fear Me all the days, for their own good and for the good of their children after them.
- Psa 86:11b ... I will walk in Your truth. / Make my heart single in fearing Your name.
- 2 Tim 2:22 But flee youthful lusts, and pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.
- 1 Tim 1:5 But the end of the charge is love out of a pure heart and out of a good conscience and out of unfeigned faith;
3. God wants our heart to be loving—Psa. 42:1-2; S. S. 1:1-4; 2 Cor. 3:16; 2 Thes. 3:5; *Hymns*, #546, #547; Eph. 6:24; John 15:9-10; 21:15-17; Matt. 26:6-13; 1 John 2:5.
- Psa 42:1 As the hart pants / After the streams of water, / So my soul pants / For You, O God.
Psa 42:2 My soul thirsts for God, / For the living God. / When will I come and appear / Before God?
- S. S. 1:1 The Song of Songs, which is Solomon's.
S. S. 1:2 Let him kiss me with the kisses of his mouth! / For your love is better than wine.
S. S. 1:3 Your anointing oils have a pleasant fragrance; / Your name is like ointment poured forth; / Therefore the virgins love you.
- S. S. 1:4 Draw me; we will run after you
2 Cor 3:16 But whenever their heart turns to the Lord, the veil is taken away.
2 Thes 3:5 And the Lord direct your hearts into the love of God and into the endurance of Christ.
- Hymns*, #546
- 1 I love my Lord, but with no love of mine,
For I have none to give;
I love Thee, Lord, but all the love is Thine,
For by Thy love I live.
I am as nothing, and rejoice to be
Emptied, and lost, and swallowed up in Thee.
- 2 Thou, Lord, alone, art all Thy children need,
And there is none beside;
From Thee the streams of blessedness proceed,
In Thee the bless'd abide.
Fountain of life, and all-abounding grace,
Our source, our center, and our dwelling-place.
- Hymns*, #547
- 1 Something every heart is loving:
If not Jesus, none can rest;
Lord, my heart to Thee is given;
Take it, for it loves Thee best.
- 2 Thus I cast the world behind me;
Jesus most beloved shall be;
Beauteous more than all things beauteous,
He alone is joy to me.
- 3 Bright with all eternal radiance
Is the glory of Thy face;
Thou art loving, sweet, and tender,
Full of pity, full of grace.
- 4 When I hated, Thou didst love me,
Shedd'st for me Thy precious blood;
Still Thou lovest, lovest ever,
Shall I not love Thee, my God?
- 5 Keep my heart still faithful to Thee,
That my earthly life may be
But a shadow to that glory
Of my hidden life in Thee.
- Eph 6:24 Grace be with all those who love our Lord Jesus Christ in incorruptibility.
John 15:9 As the Father has loved Me, I also have loved you; abide in My love.

- John 15:10 If you keep My commandments, you will abide in My love; even as I have kept My Father's commandments and abide in His love.
- John 21:15 Then when they had eaten breakfast, Jesus said to Simon Peter, Simon, son of John, do you love Me more than these? He said to Him, Yes, Lord, You know that I love You. He said to him, Feed My lambs.
- John 21:16 He said to him again a second time, Simon, son of John, do you love Me? He said to Him, Yes, Lord, You know that I love You. He said to him, Shepherd My sheep.
- John 21:17 He said to him the third time, Simon, son of John, do you love Me? Peter was grieved that He said to him the third time, Do you love Me? And he said to Him, Lord, You know all things; You know that I love You. Jesus said to him, Feed My sheep.
- Matt 26:6 Now when Jesus was in Bethany, in the house of Simon the leper,
- Matt 26:7 A woman came to Him, having an alabaster flask of ointment of great value, and she poured it on His head as He reclined at table.
- Matt 26:8 But when the disciples saw it, they were indignant, saying, Why this waste?
- Matt 26:9 For this could have been sold for much and given to the poor.
- Matt 26:10 But Jesus, knowing it, said to them, Why do you trouble the woman? She has done a noble deed to Me.
- Matt 26:11 For the poor you have with you always, but you do not always have Me.
- Matt 26:12 For in pouring out this ointment on My body, she has done it for My burial.
- Matt 26:13 Truly I say to you, Wherever this gospel is proclaimed in the whole world, what this woman has done shall also be told as a memorial of her.
- 1 John 2:5 But whoever keeps His word, truly in this one the love of God has been perfected. In this we know that we are in Him.
4. God wants our heart to be at peace—Acts 24:16; 1 John 3:19-21; Heb. 10:22; 1 John 1:7, 9; 1 Tim. 1:5; Phil. 4:6-7; Col. 3:13-15.
- Acts 24:16 Because of this I also exercise myself to always have a conscience without offense toward God and men.
- 1 John 3:19 And in this we will know that we are of the truth, and we will persuade our heart before Him,
- 1 John 3:20 Because if our heart blames us, it is because God is greater than our heart and knows all things.
- 1 John 3:21 Beloved, if our heart does not blame us, we have boldness toward God;
- Heb 10:22 Let us come forward to the Holy of Holies with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and having our bodies washed with pure water.
- 1 John 1:7 But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from every sin.
- 1 John 1:9 If we confess our sins, He is faithful and righteous to forgive us our sins and cleanse us from all unrighteousness.
- 1 Tim 1:5 But the end of the charge is love out of a pure heart and out of a good conscience and out of unfeigned faith;
- Phil 4:6 In nothing be anxious, but in everything, by prayer and petition with thanksgiving, let your requests be made known to God;
- Phil 4:7 And the peace of God, which surpasses every man's understanding, will guard your hearts and your thoughts in Christ Jesus.
- Col 3:13 Bearing one another and forgiving one another, if anyone should have a complaint against anyone; even as the Lord forgave you, so also should you forgive.
- Col 3:14 And over all these things put on love, which is the uniting bond of perfectness.
- Col 3:15 And let the peace of Christ arbitrate in your hearts, to which also you were called in one Body; and be thankful.
- I. As our heart is being established blameless in holiness by the continual renewing of the sanctifying Spirit, we are becoming the New Jerusalem with the newness of the divine life and the holy city with the holiness of the divine nature—Rev. 21:2; 1 John 5:11-12; 2 Pet. 1:4.
- Rev 21:2 And I saw the holy city, New Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband.
- 1 John 5:11 And this is the testimony, that God gave to us eternal life and this life is in His Son.

- 1 John 5:12 He who has the Son has the life; he who does not have the Son of God does not have the life.
- 2 Pet 1:4 Through which He has granted to us precious and exceedingly great promises that through these you might become partakers of the divine nature, having escaped the corruption which is in the world by lust.

II. God not only has made us holy in position by the redeeming blood of Christ to separate us unto Himself in His judicial redemption but also is sanctifying us in disposition by His own holy nature to saturate us with Himself in His organic salvation—Heb. 13:12; 10:29; Rom. 6:19, 22; Eph. 5:26; 1 Thes. 5:23-24:

- Heb 13:12 Therefore also Jesus, that He might sanctify the people through His own blood, suffered outside the gate.
- Heb 10:29 By how much do you think he will be thought worthy of worse punishment who has trampled underfoot the Son of God and has considered the blood of the covenant by which he was sanctified a common thing and has insulted the Spirit of grace?
- Rom 6:19 I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves to uncleanness and lawlessness unto lawlessness, so now present your members as slaves to righteousness unto sanctification.
- Rom 6:22 But now, having been freed from sin and enslaved to God, you have your fruit unto sanctification, and the end, eternal life.
- Eph 5:26 That He might sanctify her, cleansing her by the washing of the water in the word,
- 1 Thes 5:23 And the God of peace Himself sanctify you wholly, and may your spirit and soul and body be preserved complete, without blame, at the coming of our Lord Jesus Christ.
- 1 Thes 5:24 Faithful is He who calls you, who also will do it.
- A. God's dispositional sanctification of our spirit, soul, and body is to "sonize" us divinely, making us sons of God that we may become the same as God in His life and in His nature but not in His Godhead so that we can be God's expression—Eph. 1:4-5; Heb. 2:10-11.
- Eph 1:4 Even as He chose us in Him before the foundation of the world to be holy and without blemish before Him in love,
- Eph 1:5 Predestinating us unto sonship through Jesus Christ to Himself, according to the good pleasure of His will,
- Heb 2:10 For it was fitting for Him, for whom are all things and through whom are all things, in leading many sons into glory, to make the Author of their salvation perfect through sufferings.
- Heb 2:11 For both He who sanctifies and those who are being sanctified are all of One, for which cause He is not ashamed to call them brothers,
- B. By sanctifying us, God transforms us in the essence of our spirit, soul, and body, making us wholly like Him in nature; in this way He preserves our spirit, soul, and body wholly complete—1 Thes. 5:23:
- 1 Thes 5:23 And the God of peace Himself sanctify you wholly, and may your spirit and soul and body be preserved complete, without blame, at the coming of our Lord Jesus Christ.
1. Quantitatively, God sanctifies us wholly; qualitatively, God preserves us complete—that is, He keeps our spirit, soul, and body perfect.
 2. Although God preserves us, we need to take the responsibility, the initiative, to cooperate with His operation to be preserved by keeping our spirit, soul, and body in the saturating of the Holy Spirit—vv. 12-24.
- 1 Thes 5:12 Furthermore we ask you, brothers, to acknowledge those who labor among you and take the lead among you in the Lord and admonish you,
- 1 Thes 5:13 And to regard them most highly in love because of their work. Be at peace among yourselves.
- 1 Thes 5:14 And we exhort you, brothers, Admonish the disorderly, console the fainthearted, sustain the weak, be long-suffering toward all.
- 1 Thes 5:15 See that no one repays anyone evil for evil, but always pursue what is good both for one another and for all.

- 1 Thes 5:16 Always rejoice,
- 1 Thes 5:17 Unceasingly pray,
- 1 Thes 5:18 In everything give thanks; for this is the will of God in Christ Jesus for you.
- 1 Thes 5:19 Do not quench the Spirit;
- 1 Thes 5:20 Do not despise prophecies,
- 1 Thes 5:21 But prove all things. Hold fast to what is good;
- 1 Thes 5:22 Abstain from every kind of evil.
- 1 Thes 5:23 And the God of peace Himself sanctify you wholly, and may your spirit and soul and body be preserved complete, without blame, at the coming of our Lord Jesus Christ.
- 1 Thes 5:24 Faithful is He who calls you, who also will do it.

- C. In order to cooperate with God to preserve our spirit in sanctification, we must keep our spirit in a living condition by exercising our spirit:
1. In order to preserve our spirit, we must keep our spirit living by exercising it to have fellowship with God; if we fail to exercise our spirit in this way, we will leave it in a deadened situation:
 - a. To rejoice, pray, and give thanks are to exercise our spirit; to preserve our spirit is first of all to exercise our spirit to keep our spirit living and to pull it out of death—vv. 16-18.
 - 1 Thes 5:16 Always rejoice,
 - 1 Thes 5:17 Unceasingly pray,
 - 1 Thes 5:18 In everything give thanks; for this is the will of God in Christ Jesus for you.
 - b. We need to cooperate with the sanctifying God to be separated from a spirit-deadening situation—cf. Num. 6:6-8; 2 Cor. 5:4.
 - Num 6:6 All the days that he separates himself to Jehovah he shall not come near a dead person.
 - Num 6:7 He shall not make himself unclean for his father or for his mother, for his brother or for his sister, when they die, because his separation to God is upon his head.
 - Num 6:8 All the days of his separation he is holy to Jehovah.
 - 2 Cor 5:4 For also, we who are in this tabernacle groan, being burdened, in that we do not desire to be unclothed, but clothed upon, that what is mortal may be swallowed up by life.
 - c. We must worship God, serve God, and fellowship with God in and with our spirit; whatever we are, whatever we have, and whatever we do must be in our spirit—John 4:24; Rom. 1:9; Phil. 2:1.
 - John 4:24 God is Spirit, and those who worship Him must worship in spirit and truthfulness.
 - Rom 1:9 For God is my witness, whom I serve in my spirit in the gospel of His Son, how unceasingly I make mention of you always in my prayers,
 - Phil 2:1 If there is therefore any encouragement in Christ, if any consolation of love, if any fellowship of spirit, if any tenderheartedness and compassions,
 2. In order to preserve our spirit, we need to keep it from all defilement and contamination—2 Cor. 7:1.
 - 2 Cor 7:1 Therefore since we have these promises, beloved, let us cleanse ourselves from all defilement of flesh and of spirit, perfecting holiness in the fear of God.
 3. In order to preserve our spirit, we must exercise ourselves to have a conscience without offense toward God and men—Acts 24:16; Rom. 9:1; cf. 8:16.
 - Acts 24:16 Because of this I also exercise myself to always have a conscience without offense toward God and men.
 - Rom 9:1 I speak the truth in Christ, I do not lie, my conscience bearing witness with me in the Holy Spirit,
 - Rom 8:16 The Spirit Himself witnesses with our spirit that we are children of God.

4. In order to preserve our spirit, we must take heed to our spirit, setting our mind on the spirit and caring for the rest in our spirit—Mal. 2:15-16; Rom. 8:6; 2 Cor. 2:13.
 - Mal 2:15 But did He not make them one? And the remnant of the Spirit was His. And why the one? He sought the seed of God. Take heed then to your spirit, and let no one be treacherous to the wife of his youth.
 - Mal 2:16 For I hate divorce, says Jehovah the God of Israel; and he who does it behaves in violence, says Jehovah of hosts. Take heed then to your spirit, and do not be treacherous.
 - Rom 8:6 For the mind set on the flesh is death, but the mind set on the spirit is life and peace.
 - 2 Cor 2:13 I had no rest in my spirit, for I did not find Titus my brother; but taking leave of them, I went forth into Macedonia.
- D. In order to cooperate with God to preserve our soul in sanctification, we must clear the three main “arteries” of our psychological heart, the parts of our soul—our mind, emotion, and will—Phil. 2:2, 5; 1:8; 2:13:
 - Phil 2:2 Make my joy full, that you think the same thing, having the same love, joined in soul, thinking the one thing,
 - Phil 2:5 Let this mind be in you, which was also in Christ Jesus,
 - Phil 1:8 For God is my witness how I long after you all in the inward parts of Christ Jesus.
 - Phil 2:13 For it is God who operates in you both the willing and the working for His good pleasure.
 1. In order for our soul to be sanctified, our mind must be renewed to be the mind of Christ (Rom. 12:2), our emotion must be touched and saturated with the love of Christ (Eph. 3:17, 19), our will must be subdued by and infused with the resurrected Christ (Phil. 2:13; cf S. S. 4:4a; 7:4a), and we must love the Lord with our whole being (Mark 12:30).
 - Rom 12:2 And do not be fashioned according to this age, but be transformed by the renewing of the mind that you may prove what the will of God is, that which is good and well pleasing and perfect.
 - Eph 3:17 That Christ may make His home in your hearts through faith, that you, being rooted and grounded in love,
 - Eph 3:19 And to know the knowledge-surpassing love of Christ, that you may be filled unto all the fullness of God.
 - Phil 2:13 For it is God who operates in you both the willing and the working for His good pleasure.
 - S. S. 4:4a Your neck is like the tower of David, / Built for an armory: ...
 - S. S. 7:4a Your neck is like a tower of ivory; ...
 - Mark 12:30 And you shall love the Lord your God from your whole heart and from your whole soul and from your whole mind and from your whole strength."
 2. The way to unclog the three main arteries of our psychological heart is to make a thorough confession to the Lord; we need to stay with the Lord for a period of time, asking Him to bring us fully into the light, and in the light of what He exposes, we need to confess our defects, failures, defeats, mistakes, wrongdoings, and sins—1 John 1:5-9:
 - 1 John 1:5 And this is the message which we have heard from Him and announce to you, that God is light and in Him is no darkness at all.
 - 1 John 1:6 If we say that we have fellowship with Him and yet walk in the darkness, we lie and are not practicing the truth;
 - 1 John 1:7 But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from every sin.
 - 1 John 1:8 If we say that we do not have sin, we are deceiving ourselves, and the truth is not in us.
 - 1 John 1:9 If we confess our sins, He is faithful and righteous to forgive us our sins and cleanse us from all unrighteousness.
 - a. In order to unclog the artery of our mind, we need to confess everything that is sinful in our thoughts and in our way of thinking.

- b. In order to unclog the artery of our emotion, we need to confess the natural and even fleshy way that we have expressed our joy and sorrow and also that, in many cases, we hate what we should love, and we love what we should hate.
 - c. In order to unclog the artery of our will, we need to confess the germs of rebellion in our will.
 - d. If we take the time necessary to unclog the three main arteries of our psychological heart, we will have the sense that our entire being has become living and is in a very healthy condition.
- E. In order to cooperate with God to preserve our body in sanctification, we must present our body to Him so that we may live a holy life for the church life, practicing the Body life in order to carry out God's perfect will—Rom. 12:1-2; 1 Thes. 4:4; 5:18:
 - Rom 12:1 I exhort you therefore, brothers, through the compassions of God to present your bodies a living sacrifice, holy, well pleasing to God, which is your reasonable service.
 - Rom 12:2 And do not be fashioned according to this age, but be transformed by the renewing of the mind that you may prove what the will of God is, that which is good and well pleasing and perfect.
 - 1 Thes 4:4 That each one of you know how to possess his own vessel in sanctification and honor,
 - 1 Thes 5:18 In everything give thanks; for this is the will of God in Christ Jesus for you.
 1. Our fallen body, the flesh, is the “meeting hall” of Satan, sin, and death, but by Christ's redemption and in our regenerated spirit as the “meeting hall” of the Father, the Son, and the Spirit, our body is a member of Christ and the temple of the Holy Spirit—Rom. 6:6, 12, 14; 7:11, 24; 1 Cor. 6:15, 19.
 - Rom 6:6 Knowing this, that our old man has been crucified with Him in order that the body of sin might be annulled, that we should no longer serve sin as slaves;
 - Rom 6:12 Do not let sin therefore reign in your mortal body so that you obey the body's lusts;
 - Rom 6:14 For sin will not lord it over you, for you are not under the law but under grace.
 - Rom 7:11 For sin, seizing the opportunity through the commandment, deceived me and through it killed me.
 - Rom 7:24 Wretched man that I am! Who will deliver me from the body of this death?
 - 1 Cor 6:15 Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Absolutely not!
 - 1 Cor 6:19 Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and you are not your own?
 2. To preserve our body is to glorify God in our body—v. 20.
 - 1 Cor 6:20 For you have been bought with a price. So then glorify God in your body.
 3. To preserve our body is to magnify Christ in our body—Phil. 1:20.
 - Phil 1:20 According to my earnest expectation and hope that in nothing I will be put to shame, but with all boldness, as always, even now Christ will be magnified in my body, whether through life or through death.
 4. To preserve our body, we must not live according to our soul, the old man; then the body of sin will lose its job and become unemployed—Rom. 6:6.
 - Rom 6:6 Knowing this, that our old man has been crucified with Him in order that the body of sin might be annulled, that we should no longer serve sin as slaves;
 5. To preserve our body, we must not present our body to anything that is sinful but instead present ourselves as slaves to righteousness and our members as weapons of righteousness—vv. 13, 18-19, 22; Dan. 5:23:
 - Rom 6:13 Neither present your members as weapons of unrighteousness to sin, but present yourselves to God as alive from the dead, and your members as weapons of righteousness to God.
 - Rom 6:18 And having been freed from sin, you were enslaved to righteousness.
 - Rom 6:19 I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves to uncleanness and lawlessness unto lawlessness, so now present your members as slaves to righteousness unto

- sanctification.
- Rom 6:22 But now, having been freed from sin and enslaved to God, you have your fruit unto sanctification, and the end, eternal life.
- Dan 5:23 But you have exalted yourself against the Lord of the heavens; and they have brought the vessels of His house before you, and you and your lords, your wives, and your concubines have drunk wine from them; and you have praised the gods of silver and of gold, of bronze, iron, wood, and stone, which do not see nor hear nor know. But the God in whose hand is your breath and to whom all your ways belong, you have not honored.
- a. “This is the will of God, your sanctification: that you abstain from fornication; that each one of you know how to possess his own vessel in sanctification and honor”—1 Thes. 4:3-4.
 - b. That they do not know God is the basic reason that people indulge in the passion of lust—v. 5.
1 Thes 4:5 Not in the passion of lust, like the Gentiles who do not know God;
6. To preserve our body, we must buffet it and lead it as a slave to fulfill our holy purpose to become the holy city—1 Cor. 9:27; Rev. 21:2.
- 1 Cor 9:27 But I buffet my body and make it my slave, lest perhaps having preached to others, I myself may become disapproved.
- Rev 21:2 And I saw the holy city, New Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband.